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PERSONAL

Date of Birth	1990
Place of Birth	Ankara

EDUCATION

2017 - 2022	Middle East Technical University, Clinical Psychology, Ph.D.
2015 - 2017	Middle East Technical University, Clinical Psychology, M.S.
2010 - 2014	Izmir University of Economics, Psychology, B.Sc.

ACADEMIC POSITIONS

November 2022 -	Faculty Member, Department of Psychology, Atılım University, Turkey
November 2015 - November 2022	Research Assistant, Department of Psychology, Middle East Technical University, Turkey

HONORS&AWARDS

1	National Scholarship for M.Sc. Students, The Scientific and Technological Research Council of Turkey (2015-2017)
2	18 th National Psychology Students Congress Project Competition – Evolutionary Psychology Winner (2013)

RESEARCH INTERESTS

1	Insomnia and sleep-related behaviors
2	Psychoanalysis and self-psychology
3	Evolutionary psychology

PUBLICATIONS

1	Türkarslan, K. K. & Canel Çınarbaş, D. (2024). Insomnia Severity Predicts Psychiatric Symptoms: A Cross-Sectional Study Investigating the Partial Mediations of Worry and Rumination. <i>Psychiatry</i> , 87(2), 179-193. https://doi.org/10.1080/00332747.2024.2347100
2	Yılmaz, M., Türkarslan, K. K. , Zanini, L., Hasdemir, D., Spitoni, G. F., Lingiardi, V. (2024). Transference Interpretation and Psychotherapy Outcome: A Systematic Review on a No-Consensus Relationship. <i>Research in Psychotherapy: Psychopathology, Process and Outcome</i> , 27(1), 2024744. https://doi.org/10.4081/ripppo.2024.744
3	Türkarslan, K. K. & Canel-Çınarbaş, D. (2024). Uykusuzluk Bozukluğunun Psikolojik Modelleri: Güncel Bir Derleme. <i>Journal of Turkish Sleep Medicine</i> , 11(1), 10-19. https://doi.org/10.4274/jtsm.galenos.2023.94803
4	Türkarslan, K. K. & Kozak, E. D. (2024). Envious gazes and evil eye beads: A self-psychological perspective on the evil eye. <i>Psychoanalysis, Self and Context</i> , 19(2), 229-245. 10.1080/24720038.2023.2299702
5	Türkarslan, K. K. , Canel Çınarbaş, D., & Nicassio, P. M. (2024). The psychometric properties of the Turkish version of the Pre-sleep Arousal Scale. <i>Sleep and Biological Rhythms</i> , 22(1), 65-73. https://doi.org/10.1007/s41105-023-00483-z
6	Türkarslan, K. K. , Kozak, E. D., & Yıldırım, J. C. (2023). Psychometric properties of the Hogg Eco-Anxiety Scale (HEAS-13) and the prediction of pro-environmental behavior. <i>Journal of Environmental Psychology</i> , 92, 102147. https://doi.org/10.1016/j.jenvp.2023.102147
7	Türkarslan, K. K. , Çınarbaş, D. C., & Perogamvros, L. (2023). The Roles of Intrusive Visual Imagery and Verbal Thoughts in Pre-sleep Arousal of Patients with Insomnia Disorder: A Path Model. <i>Cognitive Therapy and Research</i> . Advance online publication. https://doi.org/10.1007/s10608-023-10442-0
8	Türkarslan, K. K. (2022). Tekrarlama Krizi ve Psikoterapi Etklilik Çalışmaları. <i>Psikoloji Çalışmaları</i> , 42(1), 1-41. doi: http://dx.doi.org/10.26650/SP2021-959170
9	Türkarslan, K. K. , Güneş Çakmak, S., Angın E., Cesur, M. (2022). Aleviler, Ayrımcılık ve Psikoterapi. <i>Psikoterapide Kültürel Konular içinde</i> . Nobel Yayınları.
10	Okay, D., Türkarslan, K. K. , Çevrim, M., & Bozo, Ö. (2022). Sleep Go Away, I Don't Have Much Time Left to Live: Is Bedtime Procrastination Related to Perceived Time Left in Life?. <i>Journal of Turkish Sleep Medicine</i> , 9(1), 57-63. https://doi: 10.4274/jtsm.galenos.2021.24119
11	Türkarslan, K. K. (2022). Children's affectionate and assertive attitudes towards their parents: the Oedipus complex or parent-offspring conflict?. <i>Integrative Psychological and Behavioral Science</i> , 56(3), 653-673. https://doi.org/10.1007/s12124-021-09624-w
12	Yıldırım, J. C., Kozak, E. D., & Türkarslan, K. K. (2021). Utandıran Diğer Ölçeği-2'nin Türkçe Formunun Psikometrik Özellikleri. <i>Klinik Psikoloji Dergisi</i> , 5(1), 13-26.
13	Türkarslan, K. K. & Canel-Çınarbaş, D. (2021). Akademik Erteleme Sorunlarının Psikanalitik Kendilik Psikolojisi Açısından İncelenmesi: Bir Vaka Çalışması. <i>Klinik Psikoloji Dergisi</i> , 5(1), 52-65.
14	Türkarslan, K. K. (2020). Gilgamesh: The First Tragic Man. <i>The Scandinavian Psychoanalytic Review</i> , 43(1), 2-12.
15	Türkarslan, K. K. , & Canel-Çınarbaş, D. (2020). Can Conscious Guilt Feelings Incite Nocebo Pain?. <i>Ağrı</i> , 32(3), 128-139.
16	Türkarslan, K. K. , Okay, D., Çevrim, M., & Bozo, Ö. (2020). Life is short, stay awake: Death anxiety and bedtime procrastination. <i>The Journal of General Psychology</i> , 147(1), 43-61.

CONFERENCE PRESENTATIONS

1	Türkarşlan, K. K. , Canel Çınarbaş, D., & Perogamvros, L. (2023) The Effects of Intrusive Visual Imagery and Verbal Thoughts on Pre-sleep Arousal and Insomnia Severity: A Path Analysis (Oral Presentation). 18th European Psychology Congress, 3-6 July, Brighton, UK.
2	Türkarşlan, K. K. , Kozak, E.D., & Yıldırım, J.C. (2023) The Psychometric Properties of Hogg Eco-Anxiety Scale in Turkish Context (Oral Presentation). 18th European Psychology Congress, 3-6 July, Brighton, UK.
3	Kozak, E.D., Zeybek, G.S., Türkarşlan, K. K. , & Canel Çınarbaş, D. (2023) Class as a Cultural Variable in Psychotherapy Room (Oral Presentation). 54th Annual International Meeting of the Society for Psychotherapy Research, 21-24 June, Dublin, Ireland.
4	Türkarşlan, K.K. ve Kozak, E. D. (2023). Psikoterapide Nazar İnancının Görünümleri: Anlatacağım ama nazar değer diye korkuyorum. (Oral Presentation). X. Işık Savaşır Symposium, 2-3 June, İzmir, Turkey.
5	Kozak, E. D., Zeybek, G., S., Türkarşlan, K. K. ve Canel-Çınarbaş, D. (2023). Sınıf ve Psikoterapi (Oral Presentation). X. Işık Savaşır Symposium, 2-3 June, İzmir, Turkey.
6	Kozak, E.D. ve Türkarşlan, K.K. (2022). Nazar etme ne olur, çalış senin de olur: nazar inancının bireyci-toplulukçuluk, dindar ve spiritüel oluş ile haset değişkenleriyle ele alınışı (Oral Presentation). 21. National Psychology Congress, 13-16 October, İstanbul, Turkey.
7	Türkarşlan, K.K. (2022). Psikoterapiler gerçekten etkili tedavi yöntemleri mi? Evet ama... (Oral Presentation). 21. National Psychology Congress, 13-16 October, İstanbul, Turkey.
8	Okay, D., Türkarşlan, K. K. , Çevrim M., & Bozo, Ö. (2019) Does Future Time Perspective Affect Bedtime Procrastination? The Mediator Role of Meaning in Life (Oral Presentation). 16th European Psychology Congress, 2-5 July, Moscow, Russia.
9	Türkarşlan, K. K. , & Canel Çınarbaş, D. (2018). Can Nocebo Pain Incite Expiation from Guilt Feelings? (Poster Presentation). 20. National Psychology Congress, 15-17 November, Ankara, Turkey.
10	Türkarşlan, K. K. , Okay, D., Çevrim M., & Bozo, Ö. (2018). Hayat Kısa: Uyanık Kal! (Oral Presentation). 20. National Psychology Congress, 15-17 November, Ankara, Turkey.

CITATIONS

Sum of times cited without self-citations (ISI Web of Science):	13
H-index (ISI Web of Science):	2

COURSES GIVEN

1	Introduction to Psychopathology
2	Psychology of Personality
3	Clinical Psychology
4	Clinical Interviewing
5	Contemporary Approaches to Psychotherapy
6	Supervision
7	Graduation Project
8	Contemporary Topics in Psychopathology